

Cancer Care Specialists of IL cares about your quality of life during every stage of your illness. We can assist you and your families and caregivers with a variety of needs, including assistance and resources on the following topics:

- Advance Directives (Living Will, POLST, Healthcare Power of Attorney)
- Emotional support
- Individual, Couple and/or Family Counseling
- Financial assistance resources
- FMLA/Short-Term Disability/Long-Term Disability resources
- Food/Clothing/Housing resources
- Health insurance broker information
- Home Care/Palliative/Hospice Care/Private Pay resources
- Medical cannabis application assistance
- Medical equipment resources
- Social Security Disability resources
- Spiritual needs
- Support Groups/Programs
- Temporary and permanent disability placards resources
- Transportation resources
- Wigs/Hats/Scarves resources

One-On-One Support

Patient Advocate/Counselor

Shannon L. Nail, LCPC, provides support to patients, their families, and their caregivers by assisting with physical, emotional, spiritual, informational, practical and social concerns related to a cancer or hematology diagnosis.

Cancer Care Center of Decatur 210 W. McKinley Ave., Suite 1 - Decatur, IL 62526 (217) 329-3255

CCSI Nurse Navigator (217) 876-6600

CANCER CARE CENTER OF DECATUR

Patient Resource Guide

Includes our satellite clinics in Clinton, Monticello, Pana, Shelbyville, Sullivan, and Taylorville, IL

Spiritual Care:

HSHS St. Mary's Hospital 1800 East Lake Shore Drive - Decatur, IL 62521 (217) 464-2966 (Ask the operator to page the chaplain on-call)

Pastoral Services:

Decatur Memorial Hospital 2300 North Edward Street - Decatur, IL 62526 (217) 876-4322

Support Groups

CCSI Cancer Caregiver Support Group

Cancer Care Center of Decatur 210 W. McKinley Ave., Suite 1 - Decatur, IL 62526 (217) 329-3255

Meets at 10 am the second Wednesday of the month in the Patient Advocate office. Registration is not necessary.

DMH Cancer Care Institute offers free support groups for individuals with cancer, families, and caregivers to share feelings, thoughts, and information.

Registration is **not** necessary.

Cancer Care Center of Decatur

210 W. McKinley Ave., Suite 2 - Decatur, IL 62526 (217) 876-4735 (DMH Cancer Care Institute) memorial.health/memorial-cancer-care/overview

HIM (Helping Inquiring Men)

Provides one-on-one assistance to newly diagnosed prostate cancer patients.

HER (Helping Each Other Recover)

Provides one-on-one assistance to newly diagnosed breast cancer patients.

Brain Tumor Support Group

A special group for patients diagnosed with benign or malignant brain tumors. The group meets at 10 am on the third Saturday of each month, January – October.

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Support Groups (cont.)

Central Illinois UsTOO

A support group for prostate cancer patients and their caregivers. The group meets at 4:30 pm on the fourth Tuesday of each month.

Facing Cancer Together

A support group for all cancer patients and their caregivers. The group meets at 1:30 pm on the second Wednesday of each month.

Pink Link

A support group for breast cancer patients. The group meets at 6 pm on the second Thursday of each month.

Programs

Cancer Care Center of Decatur

Look Good Feel Better:

A public service program that teaches beauty techniques to cancer patients to help them manage the appearance-related side effects of cancer treatment. Look Good Feel Better online group programs are open to all women with cancer who are undergoing chemotherapy, radiation, or other forms of treatment. Registration is required.

www.lookgoodfeelbetter.org

American Cancer Society Personal Health Managers:

A free personal health manager kit is available to help you learn about your cancer and organize your health information. 1 (800) 227-2345

American Cancer Society – Lodging Assistance:

Provides complimentary or reduced cost accommodations to cancer patients who must travel for treatment. Based on eligibility. Subject to availability. For more information, call **1 (800) 227-2345** or visit www.cancer.org.

American Cancer Society - Ever You:

Provides a catalog where patients can order wigs and hats. CCSI Decatur patient advocate office has copies of the most current catalog.

For more information:

Cancer Care Center of Decatur

210 W. McKinley Ave., Suite 1 - Decatur, IL 62526 **(217) 329-3255** (Patient Advocate)

Support Near Me

People living with cancer can find local resources for housing, food, transportation, and more.

SupportNearMe.com

SafeLink Phone

Provides eligible consumers with a cell phone. The SafeLink /Lifeline program is available to eligible consumers in selected states and territories. Actual requirements vary by state, but in general to qualify for Lifeline, subscribers must either have an income that is at or below 135% of the federal Poverty Guidelines or participate in one of the following assistance programs: Medicaid, Supplemental Nutrition Assistance Program (SNAP) Food Stamps, Supplemental Security Income (SSI), Federal Public Housing Assistance (Section 8), Veterans and Survivors Pension Benefit.

For enrollment and plan changes support: PO Box 220009 - Milwaukie, OR 97269-0009 1-800-Safelink (723-3546) EST. www.safelinkwireless.com

Eat Right to Help the Fight: A DMH Nutrition program that provides free nutrition counseling with a Registered Dietician to all cancer patients.

HOPE (Helping Oncology Patients Excel): A DMH Rehabilitation program that provides a free screening and education session with a rehabilitation specialist to all cancer patients.

For more information:

Cancer Care Center of Decatur

210 W. McKinley Ave., Suite 2 - Decatur, IL 62526 (217) 876-4700 (DMH Cancer Care Institute) memorial.health/memorial-cancer-care/overview

Freedom from Smoking: Although first steps can be hard, finding your path to a smoke-free life is easier with the right help. This American Lung Association class at the DMH Cancer Care Institute is a proven way to quit smoking. Call **217-876-4735** for more information.

YMCA

LIVESTRONG at the YMCA of Decatur: A free 12-week group exercise development program for cancer survivors. Survivors will have the opportunity to receive individualized training, engage in social activities, and attend educational seminars featuring various guest speakers. Registration and physician approval is required.

For more information:

YMCA of Decatur 220 W. McKinley Ave. - Decatur, IL 62526 (217) 872-9622 (X121) decaturymca.org

Decatur, Macon County Transportation

ACS Road To Recovery: 1-800-227-2345 (Volunteer-based free transportation program) 4-day notice of transportation need is required. cancer.org/roadtorecovery

City of Decatur Public Transit System (DPTS): (217) 424-2700 decaturil.gov/departments/transit/

DPTS Operation Uplift: (217) 424-2821

decaturil.gov/departments/transit/operation-uplift/

Empowerment Opportunity Center Senior Transportation: (217) 428-4148 empowerdecatur.org/senior-services/

Faith in Action: (217) 428-0013

(Volunteer-based transportation for homebound adults 55 and older) Program registration and 5-day notice of

transportation need is required. cc.dio.org/locations/decatur/

Lyft: Download the Lyft smartphone app and sign up to

request a ride. lyft.com

Ovations Transportation:

(217) 330-7180

ovationstransportation.com

Show Bus Public Transportation: 1 (800) 525-2454 (Seniors ride free) showbusonline.org

Uber: Download the Uber smartphone app and sign up

to request a ride. <u>uber.com</u>

Warner Hospital & Health Services

DeWitt County Transportation

Show Bus Public Transportation: Free transportation for seniors **1 (800) 525-2454**

showbusonline.org

Dove Inc. RSVP: Volunteer-based transportation **(217) 935-2241**

doveinc.org

Taylorville Memorial Hospital & Pana Community Hospital Medical Mall

Christian County Support & Transportation

Christian County Senior Citizens Center 701 W Adams St. - Taylorville, IL 62568 (217) 824-4263 Benefit Access Program:

aginglinc.org

CIPT (Central Illinois Public Transit) **(855) 755-2478**

cefseoc.org/transportation-cipt

Kirby Medical Center

Piatt County Transportation

Faith in Action: Free transportation for seniors

(217) 762-7575 (Julie Glawe, Director)

piattcountynursinghome.org

Piatt Tran: Free transportation for seniors

(217) 762-7821 piattran.org

HSHS Good Shepherd Hospital

Shelby County Charitable Organizations & Transportation

Fear Nothing Cancer Support P.O. Box 453 - Effingham, IL 62401 fearnothing.life

Susan G. Komen Grant:

May provide free mammograms & ultrasounds 200 South Cedar St. - Shelbyville, IL 62565 (217) 774-3961

Vicky Wagner Breast Cancer Assistance Fund 200 South Cedar St. - Shelbyville, IL 62565 (217) 774-3961

CIPT (Central Illinois Public Transit) **(855) 755-2478** cefseoc.org/transportation-cipt

For more information, updates, and links to resources, please ask our staff or visit our website.

www.CancerCareSpecialists.org