



One-On-One Support

Patient Advocate/Counselor:

Shannon L. Nail, LCPC, provides support to patients, their families, and their caregivers by assisting with physical, emotional, spiritual, informational, practical and social concerns related to a cancer or hematology diagnosis.

Cancer Care Center of Decatur
210 W. McKinley Ave., Suite 1
Decatur, IL 62526
(217) 329-3255

Spiritual Care:

HSHS St. Mary's Hospital
1800 East Lake Shore Drive
Decatur, IL 62521
(217) 464-2966
(Ask the operator to page the chaplain on-call)

Pastoral Services:

Decatur Memorial Hospital
2300 North Edward Street
Decatur, IL 62526
(217) 876-4321
or **(217) 876-8121 ext. 4320**

Support Groups

CCSI Cancer Caregiver Support Group

Cancer Care Center of Decatur
210 W. McKinley Ave., Suite 1
Decatur, IL 62526
(217) 329-3255

Meets at 10 am the second Wednesday of the month in the Patient Advocate office. Registration is not necessary.

DMH Cancer Care Institute offers free support groups for individuals with cancer, families, and caregivers to share feelings, thoughts, and information.

Registration is **not** necessary. Please park in the back and enter through the Complementary Medicine Education Classroom door.

Cancer Care Center of Decatur

210 W. McKinley Ave., Suite 2
Decatur, IL 62526
(217) 876-4735 (DMH Cancer Care Institute)
memorial.health/memorial-cancer-care/overview

HIM (Helping Inquiring Men):

Provides one-on-one assistance to newly diagnosed prostate cancer patients.

HER (Helping Each Other Recover):

Provides one-on-one assistance to newly diagnosed breast cancer patients.

Brain Tumor Support Group:

A special group for patients diagnosed with benign or malignant brain tumors. The group meets at 10 am on the third Saturday of each month, January – October.

Central Illinois UsTOO:

A support group for prostate cancer patients and their caregivers. The group meets at 4:30 pm on the fourth Tuesday of each month.

Facing Cancer Together:

A support group for all cancer patients and their caregivers. The group meets at 1:30 pm on the second Wednesday of each month.

Pink Link:

A support group for breast cancer patients. The group meets at 6 pm on the second Thursday of each month.

Programs

Cancer Care Center of Decatur:

American Cancer Society – Lodging Assistance:

Provides complimentary or reduced cost accommodations to cancer patients who must travel for treatment. Based on eligibility. Subject to availability. For more information, call **1-800-227-2345** or visit www.cancer.org.

American Cancer Society - Wig Program: Provides a catalog where patients can order wigs and hats. CCSI Decatur patient advocate office has catalogs as well as a limited stock of synthetic wigs available.

For more information:

Cancer Care Center of Decatur
210 W. McKinley Ave., Suite 1
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(217) 329-3255 (Patient Advocate)

Eat Right to Help the Fight: A DMH Nutrition program that provides free nutrition counseling with a Registered Dietitian to all cancer patients.

HOPE (Helping Oncology Patients Excel): A DMH Rehabilitation program that provides a free screening and education session with a rehabilitation specialist to all cancer patients.

For more information:

Cancer Care Center of Decatur
210 W. McKinley Ave., Suite 2
Decatur, IL 62526
(217) 876-4700 (DMH Cancer Care Institute)
memorial.health/memorial-cancer-care/overview

Freedom from Smoking: Although first steps can be hard, finding your path to a smoke-free life is easier with the right help. This American Lung Association class at the DMH Cancer Care Institute is a proven way to quit smoking. Call **217-876-4735** for more information.

YMCA:

LIVESTRONG at the YMCA of Decatur: A free 12-week group exercise development program for cancer survivors. Survivors will have the opportunity to receive individualized training, engage in social activities, and attend educational seminars featuring various guest speakers. Registration and physician approval is required.

For more information:

YMCA of Decatur
220 W. McKinley Ave., Decatur, IL 62526
(217) 872-9622 (X121)
deaturymca.org

Decatur, Macon County Transportation

ACS Road To Recovery: 1-800-227-2345
(Volunteer-based free transportation program)
4-day notice of transportation need is required.
cancer.org/roadtorecovery

City of Decatur Public Transit System (DPTS):
(217) 424-2700
deaturil.gov/departments/transit/

DPTS Operation Uplift: (217) 424-2821
deaturil.gov/departments/transit/operation-uplift/

**Empowerment Opportunity Center
Senior Transportation:** (217) 428-4148
empowerdeatur.org/senior-services/

Faith in Action: (217) 428-0013
(Volunteer-based transportation for homebound adults 55 and older) Program registration and 5-day notice of transportation need is required.
cc.dio.org/locations/deatur/

Lyft: Download the Lyft smartphone app and sign up to request a ride. lyft.com

Show Bus Public Transportation: 1-800-525-2454
(Seniors ride free) showbusonline.org

Uber: Download the Uber smartphone app and sign up to request a ride. uber.com

Warner Hospital & Health Services

DeWitt County Transportation

Show Bus Public Transportation:

Free transportation for seniors

1-800-525-2454

showbusonline.org

Dove Inc. RSVP: Volunteer-based transportation

(217) 935-2241

doveinc.org

Taylorville Memorial Hospital & Pana Community Hospital Medical Mall

Christian County Support & Transportation

Christian County Senior Citizens Center

701 W Adams St.

Taylorville, IL 62568

(217) 824-4263

Benefit Access Program:

aginglinc.org

CIPT (Central Illinois Public Transit)

(855) 755-2478

cefseoc.org/transportation-cipt

Kirby Medical Center

Piatt County Transportation

Faith in Action: Free transportation for seniors

(217) 762-7575 (Julie Glawe, Director)

piattcountynursinghome.org

Piatt Tran: Free transportation for seniors

(217) 762-7821

piattran.org

HSHS Good Shepherd Hospital

Shelby County Charitable Organizations & Transportation

Fear Nothing Cancer Support

P.O. Box 453

Effingham, IL 62401

fearnothing.life

Susan G. Komen Grant:

Provides free mammograms & ultrasounds

200 South Cedar St.

Shelbyville, IL 62565

(217) 774-3961 (X5171 – Radiology)

Vicky Wagner Breast Cancer Assistance Fund

200 South Cedar St.

Shelbyville, IL 62565

(217) 774-3961 (X2460)

CIPT (Central Illinois Public Transit)

(855) 755-2478

cefseoc.org/transportation-cipt

For more information, updates, and links to resources, please visit our website.

CancerCareSpecialists.org